MYTH: "Only Boys Have ADHD"

According to the National Institute for Mental Health, 4.2% of females have received a diagnosis of ADHD.

Girls and women are less likely to present with hyperactive behaviors compared to boys - inattentive symptoms can easily be overlooked.

Boys are diagnosed 2 - 3 times as often as girls and are more likely to be diagnosed early in life.

Women and girls with ADHD have a higher incidence of depression and anxiety. When they are referred for treatment, symptoms of ADHD are missed.

Find out more at ADHDAwarenessMonth.org
Information adapted from "Only Boys Have ADHD" by Michelle Frank, Psy.D.