ADHD symptoms experienced by males and females are more alike than different, but there are striking differences when they are asked about their lived experiences with ADHD.

Women and girls with ADHD tend to have higher rates of co-existing depression and anxiety.

Boys are diagnosed with ADHD 2-3 times as often as girls and they are more likely to be diagnosed early in life.

Boys and men are more likely than girls and women to be referred for services even when their symptom profiles are exactly the same.

Researchers are investigating whether the various rates of diagnosis are due to true differences in sex or other factors, like gender bias or variations in presentation of symptoms.

Learn more at ADHDAwarenessMonth.org