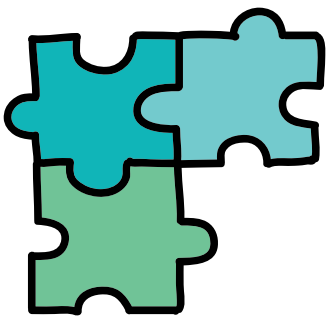


## What causes ADHD?



ADHD is likely the result of people's genetic make-up (DNA) and early life events (environmental factors).

In an average person with ADHD, 70 - 80% of the inattention and/or hyperactivity can be explained by the contributions of genes.

**70 - 80%**  
**heritability**



The more variations in different genes someone has, the higher the risk that they develop ADHD.

Environmental factors, i.e., events occurring before/during birth as well as childhood stress can also play a role in the development of ADHD.



More research is needed to identify these factors and understand how they alter the structure, function, and development of the brain.

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Learn more at [ADHDAwarenessMonth.org](https://ADHDAwarenessMonth.org)