Where can I find reliable information and resources?

You can trust information from the National Resource Center on ADHD, a joint program between the CDC and Children and Adults with ADHD (CHADD).

The Centers for Disease Control (CDC) and the National Institute of Mental Health (NIMH) have current information based on scientific research.

Professionals from ADHD treatment centers connected with universities and research hospitals have current evidence-based information.

The ADHD Awareness Month Coalition is comprised of members from CHADD, the Attention Deficit Disorder Association (ADDA), and ADHD Coaches Organization (ACO).

These three non-profit organizations are hosting the 2020 Virtual International Conference on ADHD from November 5 - 7, 2020.

Learn more at ADHDAwarenessMonth.org