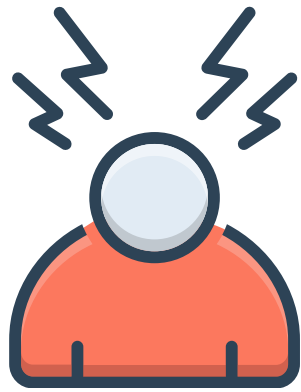


Why are there so many people with ADHD in the prison population?



Individuals with ADHD are susceptible to outside influences when they are struggling with low self-esteem, depression, and anxiety.

Emotional vulnerability, impulsivity, inattention to telling "right from wrong," inability to control emotions, and lashing out allow for the negative influence of drugs and crime.



People with ADHD feel rejected or different from at least the age of 6, but this trend can be addressed with education, training, and cultural change among professionals.

It would be beneficial to help those with ADHD before they commit crimes - it costs the UK £74 million per year to house ADHD prisoners but £30 thousand to treat them.



Learn more at ADHDAwarenessMonth.org