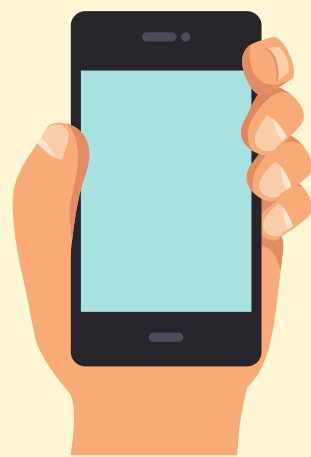


# MYTH: "Everyone Has A Little ADHD"

Everyone can be forgetful or distracted sometimes, but the vast majority of people (90 - 95%) do not have ADHD.



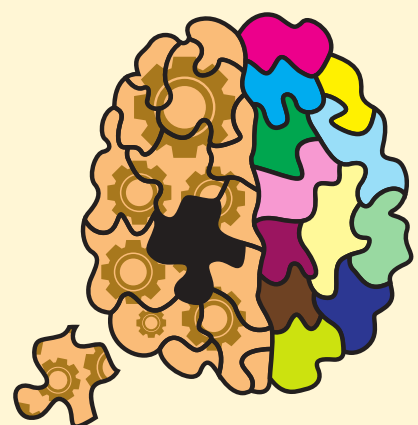
The symptoms of ADHD exist within a continuum of typical human behavior.

People with ADHD can display many disruptive behaviors - including forgetfulness, distraction, impulsivity, and an inability to focus.



People with ADHD exhibit these behaviors with greater intensity, severity, and chronicity than people without ADHD.

The structure, volume, chemical activity, and communication in pathways in the brains of people with ADHD are different than those without ADHD.



Find out more at [ADHDAwarenessMonth.org](http://ADHDAwarenessMonth.org)