

MYTH: ADHD medication leads to addiction

FACT: The therapeutic use of stimulant medication for ADHD prevents addiction

There are two classes of stimulant medications for ADHD: methylphenidate (MPH) and amphetamine (AMP)



There is no evidence that using MPH or AMP leads to addiction when it is used in oral, therapeutic doses

A Swedish study found that ADHD medication is associated with a lower risk of substance related events



Medications control the symptoms of ADHD, which reduces the likelihood that a child with ADHD will eventually develop a substance use disorder

Find out more at ADHDAwarenessMonth.org

Information adapted from "The Therapeutic Use of Stimulant Medications For ADHD Prevents Addiction" from Stephen V. Faraone, PhD